



HCI FITNESS

MSRP: \$2,699

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800-398-9121

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CONTACT US

PhysioStep LTD
Recumbent Semi-Elliptical Cross Trainer



The **PhysioStep LTD** recumbent cross trainer provides an easy & effective total body cardio workout. The recumbent sitting position combines stability with the smooth and natural feel of an elliptical. The unique, ascending arm motion provides bilinear resistance with ergonomic, rotating hand grips. Users will enjoy the quick release lever that allows for hand positioning at any angle.

Other features of the **PhysioStep LTD** recumbent cross trainer include a low profile walk – through design and fully adjustable arms, seat, and seat back accommodate a wide range of users.








Click to Print LTD Specifications

PhysioStep LTD	
Technical Details	
Seat	Standard Stationary Comfort Seat with Contact Heart Rate
Seat Position	Fully Adjustable Forward and Backward 14 Positions
Resistance System	Electromagnetic
Resistance Levels	1-16

The **PhysioStep LTD** recumbent cross trainer is designed for light commercial or home use. It uses AC Power and will automatically shut off after 15 minutes of inactivity. The LCD display provides all your workout information in a clear and easy to read format. The **PhysioStep LTD** is designed to benefit a wide range of users from the physically fit to the physically challenged.

Comparison Chart

Programs	17 Programs (See Computer Details)
Arm System	Fully Adjustable Rotating Handles
Pedals	Heal Cups & Ergo Straps
Stride	Independent Semi-Elliptical Motion
Max User Weight	325 lbs.
Power	AC 110V-220V 50/60Hz
Product Type	Light Commercial Grade
Model #	LTD-500
Computer Details	
Display	User Friendly LCD Display
Backlight	Easy to Read High Contrast Blue
Feedback	Speed, Time, Distance, Pulse, RPM, Calories, WATTS, & Resistance Level "1-16"
Programs	17 Programs: Manual, Rolling, Valley, Fat Burn, Ramp, Mountain, Intervals, Body Fat, Target HR, HRC 60%, HRC 75%, HRC 85%, WATT Control, 4 Custom.
Heart Rate	Contact Heart Rate on Seat Handles & Built in Receiver Compatible with Polar and other Manufactures *Chest Belt Not Included
Warranty	
Frame	Lifetime
Mechanical Parts	3 Years
Electronic Parts	3 Years

				
Model	PhysioStep LTD	PhysioStep RXT	PhysioStep MDX	PhysioStep LXT
Cost	\$2,699	\$3,199	\$3,499	\$3,499
Consumer Value Rating	\$ Most Affordable	\$ Great Value & Price	\$ Great Value With Swivel Seat	\$ Great Value With Swivel Seat
Applications	Home & Light Commercial	Full Commercial Medical & Home	Full Commercial Medical & Home	Full Commercial Medical & Home
Full Range Elliptical Motion	Yes Semi-Elliptical	Yes Full Range Elliptical	Yes Full Range Elliptical	Linear Motion User Controlled Stride

What recumbent cross trainer is best for your needs? Compare all HCI Fitness recumbent cross trainers in one place!

COMPARE NOW

Product Videos

PhysioStep LTD - Semi-El...

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Related Products



PhysioStep LXT

ALL PRODUCTS

Testimonials

Labor	1 Year
Shipping & Assembly	
Shipping	Freight
Assembly Required	Seat, Arms, Display
Unit Dimensions	
Compact Dimensions	66" L X 21" W X 51" H
Unit Weight	185 lbs.



Customer Reviews

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